



Vegetarian
Tasmania

Supporting and Promoting
Vegetarianism for:

- Health
- Environment
- Compassion

www.tasveg.org
info@tasveg.org



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Vegetarian Tasmania promotes vegetarian and vegan lifestyles as an environmentally friendly, healthy and compassionate choice. Vegetarian Tasmania provides support and information to those making that choice.

We hold regular social activities including dinners and daytime family gatherings, with speakers on a range of topics, and cooking classes. We also hold information stalls at various events.

Meet like-minded people, find out more about how to transition to a vegetarian diet, help us to promote vegetarianism.

Join our mailing list—it's free!

Name: _____

Address: _____

Email: _____

Phone: _____

Mobile: _____

Volunteer? Join our organising group, help out on stalls or update our website. If you can help, let us know. Y/N

Post to: Vegetarian Tasmania
PO Box 4596
Bathurst Street Post Office
Hobart Tas 7004

Or email: info@tasveg.org

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